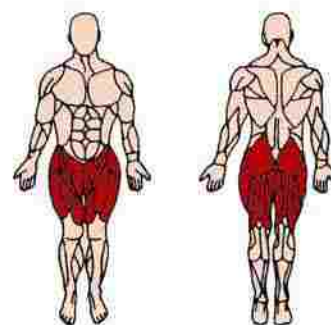


# FE 06 LEG PRESS



Measurements: H:1900 mm L: 2060 mm B: 610 mm

## Usage and benefit:

Sitting on the seat you stem your legs against the foot areas and push yourself backwards. The device utilizes the own body weight.

Front and hind leg muscles as well as shanks and thighs will be trained.

## Warning:

Children under 14 years should only use the equipment under survey of the parents.

Before the use of the product you should consult a physician.

In the case of damages of the equipment please notify the producer and do not use it anymore.

For safety reasons you should not let off the hand grips from the beginning to the end of the exercise.

Use at your own risk.